

KLAC CODE OF CONDUCT 2023/2024

The majority of swimming experience happens in the pool, involving only swimmers and coaches. Because of this we cannot ask parents to maintain a constant watch to ensure proper behaviour from their children. As an organization with abiding responsibilities for the growth, development, safety and competitive success of dozens of young athletes, the Kirkland Lake Aquatic Club has adopted the Swim Ontario and Swim Canada Codes of Conduct.

Our code of conduct applies to everyone associated with the club including swimmers, coaches, officials, and volunteers. The Kirkland Lake Aquatic Club strives to ensure a safe environment for its members and endeavours to foster healthy relationships amongst its swimmers. For this reason, the club has adopted a zero-tolerance policy.

The rules of the Kirkland Lake aquatic Club are in effect to all functions, training sessions and meets where swimmers are acting as representatives of the club and the community. As a member of the Kirkland Lake Aquatic Club your behaviour directly affects people's attitudes towards the club and the sport of swimming. It is with this in mind that the club asks you to adhere to these rules.

EXPECTATIONS

- All swimmers shall shower with warm soapy water upon entering the pool.
- Encouraged to use facilities prior to practice to avoid disruptions.
- Courtesy, good sportsmanship, cooperation with coaches and respect for the rules they set for the entirety of meet, and training session
- Respect for the needs and sensitivities of teammates and competitors
- Respect for public and private property, including pool decks, change rooms, and on trips, buses and other vehicles of transportation, hotel rooms, lobbies and other facilities
- Assist in promoting the Kirkland Lake Aquatic Club by actively participating in our swim meets and fundraising efforts
- Treat coaches, fellow teammates, and complex staff with respect.
- Swimmers give best efforts during practice time.
- Complete attention while coaching staff is talking and no words of belittlement of coaches or other swimmers
- Swimmers must follow the chaperones directions during all KLAC events.
- Swimmers are expected to pay attention to coaches/workout for the entirety of practises (ex: no talking to parents, etc)

PROHIBITIONS

- No touching others or others belongings
- No food or drink (except water) is allowed in the change room or pool areas
- No pictures or audio/video recordings are permitted while in the change rooms
- No bullying or disrespecting of the club, and coaches or other swimmers through social media
- No drinking or transporting of alcohol beverages
- No smoking or vaping

- No illegal drugs
- No sexual harassment or other discriminatory behaviour
- No sexual fraternisation on trips

RESPONSIBILITIES OF THE PARENT

- Children under the age of 12 must be supervised before and after practises
- Ensure children get to practice and meets on time and in the case of a practice ensure children leave faculty promptly
- Communicate openly with the coaches and the Board of Directors as the need arises. Coaching sessions should not be disrupted (ex: talking to swimmers while in pool, and coaching). Any concerns should be brought to head coach. If their concern remains unresolved, a written concern can be submitted to the board.
- Ensure that children have proper equipment (good goggles, KLAC cap)
- Most important, supply swimmers with emotional support
- If parents are persistently interrupting practice they may be asked not to be on pool deck

RESPONSIBILITY OF SWIMMER

- Communicating with coaches at swim meets (when leaving the pool deck, going for a race, etc.)
- Be on time for practices and meets
- Acquire and use the proper swim attire/equipment including official KLAC cap for swim meets
- Help to clean up swim equipment (ex: kickboards)
- Leave the pool facility promptly at the end of each practice
- Ensure that all KLAC communications are delivered to parents
- Respect curfews, as determined by coaching staff, the night before swim meet or while at chaperoned meets (cell phones and computer should be put away at this time).
- Electronic should not be on pool deck during practice for security purposes
- Healthy diet should be followed at least a week prior to swim meets and during swim meets

DISCIPLINE

There will be one warning per practice, and a second warning will not be tolerated. The swimmer will be asked to sit out and will be sent home with a notification to the parents. If swimmers are concerned about behaviours in change rooms, they are encouraged to inform the head coach. While some behaviour is much more unacceptable than others, any breach of a rule may result in some form of disciplinary action up to and including a temporary suspension, or dismissal from the club. Occasionally a coach must discipline a swimmer. Depending on the nature of the problem, the coach may speak privately to the individual or the parents. A swimmer may be asked to leave the pool and remain on deck for the duration of the practice (for safety reasons) or miss a practice, or an upcoming meet. If an issue is not resolved by the coach to the satisfaction of all individuals involved, the issue may be referred to the next level of authority, the Board. The Board of Directors has the right to review and make a decision with respect to the family if the code of conduct is breached. Infrequently, a swimmer may be asked to leave the club.

As a swimmer listed below, I have read the KLAC Code Conduct and agree to abide by the Code of Conduct at all training sessions, meet and functions where I represent KLAC.

SIGNATURE OF SWIMMER(S): _____

As the parent/legal guardian of the swimmer listed above, I have read the KLAC Code of Conduct and understand the Code as it applies to my swimmer(s). I have received a copy of the Registrant letter and completed the Personal Information Protection & Electronic Document Act document for each registrant.

SIGNATURE OF PARENT/LEGAL GUARDIAN : _____

DATE: _____